## CHNA 20 2013-2014 Community and Impact Grant Recipients

## **IMPACT GRANTS**

- 1. **Delivering Wellness Innovative Programming for Vulnerable Populations from Eight to Eighty (Lead Organization** Manet Community Health Center): Manet seeks to transform and spread Healthy Living in new directions both to further access to additional communities and populations while simultaneously promoting sustained health outcomes for the Arabic and Brazilian communities with CHNA 20. Further, Manet seeks to influence and make an impact on the growing epidemic of childhood obesity through offering age relevant programs to underserved populations in Quincy and Weymouth.
- 2. **Scituate FACTS (Lead Organization Scituate FACTS Coalition):** The Scituate FACTS Coalition proposes to offer evidenced-based, NREPP-rated substance abuse prevention skills training to instructors in several CHNA 20 communities.

## **COMMUNITY GRANTS**

- 1. **Asthma Education for Child Care Providers** (Lead Organization Asthma & Allergy Foundation of America NE Chapter): The Asthma and Allergy Foundation of America, New England Chapter (AAFANE) will train child care providers and preschool teachers about asthma and allergies in the CHNA 20 region. The providers will learn to manage children's asthma and allergies and to prevent and handle asthma and allergy incidents in child care settings.
- 2. New Directions Counseling & Maria Droste Group Therapy Sessions (Lead Organization Interfaith Social Services): The New Directions Counseling Center ("New Directions") of Interfaith Social Services will collaborate with Maria Droste Services to provide free community-based group counseling to low-income residents of the thirteen CHNA 20 towns.
- 3. Hockomock YMCA Healthy Weight Intervention Program (Lead Organization Hockomock Area YMCA): The Hockomock Area YMCA will expand our healthy weight intervention program, Promoting Achievable Change, into the community of Sharon. We will do this by offering the program to Sharon Public School students, train wellness teachers in the town of Sharon to offer the program, and increase our referral network to include additional pediatrician and family practitioners associatFirst Day Home Program (Lead Organization South Shore Hospital Home & Health Resources): First Day Home Program is designed to meet the immediate needs of patient on the day of discharge from a hospital or facility. A comprehensive nursing visit is made to promote a successful transition home and to prevent re-hospitalization.

- 4. **Chronic Disease Self Management** (Lead Organization South Shore Hospital Home & Health Resources): Two six week series will be held in CHNA 20 towns. Participants either suffer from a chronic illness or are a caregiver. Collaboration encouraged but not required. Attendees will receive education and support to manage their chronic illnesses.
- 5. **Elder Dental** (Lead Organization HealthCare Options): The Elder Dental Program provides quality, affordable oral health care to low income older adults through a network of dentists who provide treatment at drastically reduced, sliding-scale fees. In addition we hold annual free oral health screening clinics in the community for adults age 60 and over which offer dental screening exams, oral cancer screenings and include professional denture cleaning and labeling at no cost.
- 6. Randolph Community Mental Health & Substance Abuse (Lead Organization Friends of the Randolph Seniors): The Friends of the Randolph Seniors requests a grant of \$3,500 so that the Town of Randolph's Department of Elder Affairs and Department of Veterans Affairs can partner with Interfaith Social Services to deliver mental health and substance abuse services to Randolph seniors and veterans in six facilitated workshops and follow-up counseling onsite at the Randolph Senior and Veterans Center.ed with Norwood Hospital.
- 7. **Fitness Gram** (Lead Organization Braintree Public Schools): To Implement Fitnessgram into the Physical Education curriculum to improve student's physical activity as well as to encourage them to value the importance of physical activity.
- 8. **Health and Wellness Planning & Implementation** (Lead Organization Weymouth Public Schools): The requested funds will be used to continue the school district's work with the Regional Center for Healthy Communities to assist with the development of the program design, and the action and evaluation plan for the Weymouth Public School Health and Wellness program.
- 9. What Every Parent Should Know About Substance Use (Lead Organization Quincy Public Schools Health Services Team): Quincy Public Schools' Health Services Team proposes to coordinate with Impact Quincy and The Quincy Police Department to produce 5,500 copies of an informational booklet regarding teens and substance use. The booklets will be distributed to the parents and guardians of all middle and high school students. The information provided in the booklet will be supplemented by a series of "parent nights" at each school which will be hosted by the Health Services Team, Impact Quincy, and The Quincy Police Department.